

A picture says a thousand words

Sam as a mum and person



Sam is a single mum of 3 beautiful children

- Kalani 3, Maisy 6, Mischa 10



Sam paints and draws for fun



Sam has been playing water polo for way too many years !

- she has represented Tasmania, Vic in International comps and still plays in the Gold Coast Competition



Sam has played many team sports over the years and has had the following selections

- Dragon Boat Racing - Australian Team 1999, 2001 (USA)
- Lacrosse - Australian Squad 1989,90, Victorian Team 1990,91,92,93



Sam participates in fun leisure activities whenever possible - Byron Swim 2010



Being an inspirational mum is paramount to me... so I teach the 3 amigos to cook...



... to paint



... to have fun!



... to respect the environment - a day trip to an organic farm