

A picture says a thousand words

Sam in Business



Sam the Health Queen

- naturopath - caring, knowledgeable, respected
- nutritionist and herbalist



Sam the Intensive Care Nurse

- critical care nurse of 20 + years
- caring, experienced, committed

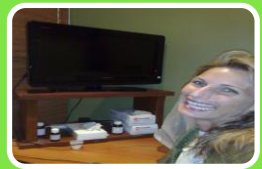


Sam the Author

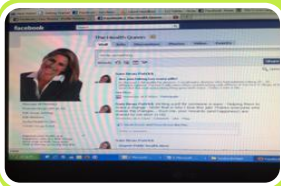
- Hot Tips for the Business Traveller
- Written as a corporate fundraiser for PK4asia (fundraising for Paradise Kids and African children)



Sam the Female Hormone Expert



Sam working at Gwinganna Lifestyle Retreat -inspiring health and happiness



The Health Queen Face Book - up to date natural medicine information



www.byebyebriidget.com - a free on-line website for women



Sam is respected and revered in her community for her opinions and contributions to people's health and wellness. This is a full page article done by the Gold Coast Bulletin